<table>
<thead>
<tr>
<th>Looks like</th>
<th>Sounds like</th>
<th>Feels like</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Eye" /></td>
<td><img src="image" alt="Ear" /></td>
<td><img src="image" alt="Heart" /></td>
</tr>
</tbody>
</table>
| • Teamwork  
  • One person speaking at a time  
  • Looking at the speaker  
  • Eye contact  
  • Nodding  
  • Straight backs, shoulders back  
  • Hands on desk  
  • Bottom glued to chair | • One idea shared at a time  
  • Talking back and forth  
  • Questions being asked  
  • People discussing what is right or wrong  
  • People building off of one another’s ideas  
  • “Uh huh”  
  • “Yes, I understand”  
  • “Can you explain that in another way?”  
  • “Can you repeat what you just said?” | • You are being heard  
  • An interesting discussion  
  • Safe space for challenging one another’s ideas  
  • Proud  
  • Feels awake |